



**SALTWATER UNITARIAN
UNIVERSALIST CHURCH**

25701 14th Pl S
Des Moines, WA 98198

*An Intentionally Inclusive, Spiritually
Progressive, Justice Seeking Community
Serving South King County*

We're on the Web
Saltwaterchurch.org

As Unitarian Universalists, we seek wisdom and inspiration from many sources while affirming that the best authority for our beliefs is our own individual experience and conscience.

We are committed to helping each other live more fully, by growing spiritually; and to helping make our world more compassionate and just. We believe the community we share helps us fulfill these commitments more easily than we could by our individual selves.

To find out more about us, pick up a visitor folder in the Welcoming Room, find us on Facebook ("Saltwater Unitarian Universalist Church") or visit our website.

On our website, you can... Find out about upcoming worship services... Look at the church calendar... Take the "Belief-o-Matic" test to compare your views with others... Read the latest posts on our "Inside Saltwater" blog... Sign up for email lists and groups... Find membership forms... and so much more...

In the drop-down menus at the bottom of our website's home page, look under "Our Caring Community" for Lay Ministry and Caring Team assistance.

Want more news?

Check out articles posted to the "Inside Saltwater" blog: saltwaterchurch.org/insidesaltwater

More News You Need to Know...

Postcard Writing Party

Sponsored by members of the Social Responsibility Petal on Friday, March 24, 2017 from 5:30 to 7:30 p.m. Come to write postcards to our Washington State legislators for a variety of issues, including both environmental and social issues. Friends and members of Sound Alliance, Health Care for All Washington, Saltwater Climate Action Now and other advocacy groups with members at Saltwater Church or Beth Chaverim Synagogue are invited to come and bring a "postcardable" issue. RSVP to topher_benum@yahoo.com. For childcare, contact childcare@saltwaterchurch.org. Having received 12 RSVPs, we have changed to a larger room in order to accommodate a larger number of postcard writers. We will be meeting in the Light-house Activity Room. Food and postcards will be provided.

Promote Saltwater Church and Your Social Justice Cause

The Outreach and Welcoming Team has purchased 12 reusable, corrugated plastic 12 x 18 inch "picket type" signs. They are available on loan to various social justice and advocacy groups. The following text and UUA chalice symbol is printed on the front of the signs: "Saltwater Church Come Join Us to Nurture Your

Spirit, Help Heal Our World, www.saltwaterchurch.org A Unitarian Universalist Congregation." The back of the sign has been intentionally left blank, so that a special UU values message or other statement relevant to your group or cause can be (temporarily) attached.

If your group decides to use the signs for advocacy events and marches, please respect the following guidelines so that the signs can be reused by many different groups.

1. When you are done do not discard the sign, return it to the church office storage closet (next to the kitchen) for other groups to use.

2. All special messages on the back of the signs need to be designed to be removable. When your group is done, please remove any text that has been attached to the back of the signs.

3. It is appropriate to use the signs to advocate a variety of social justice causes corresponding to UU values (such as: climate action, education, marriage equality, reproductive rights, immigration etc). However, the signs should not be used to support the political campaigns of elected officials or a specific political party. Doing so, might jeopardize Saltwater's religious tax exempt status. In addition, it could also prove to be divisive to our Saltwater community. For Questions Contact: Joy Werlink jwerlink@yahoo.com

From the Nominating Team

Have you considered serving our church community in a leadership role as a member of the Board of Directors? One of the main goals of the board is to promote the mission and vision of the congregation by continuing progress toward our Saltwater Church Vision 2020. This is an exciting time for our church family and the board as we look forward to calling and working with a new settled minister. At our Congregational Meeting in June, we will be voting to approve two new board members for 3 year terms, beginning July 1st. If you are interested in learning more about serving on the Saltwater Church Board of Directors, please contact anyone on the Nominating Team.

Judy Featherstone: judyfeatherstone@yahoo.com
Joanne Loeliger: ejloeliger@aol.com
Meri Murphy: tomandmeri@gmail.com
Joy Werlink: jwerlink@yahoo.com

March Book Cart: Time, Treasure, and Talent

First and Third Sundays
In March in honor of stewardship month we will showcase a selection of books for all ages on the topics of money, consumerism, consumption, materialism, and stewardship, as well as more general titles of interest to children, youth, and adults. Check it out!

March 12, 2017



SALTWATER UNITARIAN UNIVERSALIST CHURCH

News You Need to Know

Happenings...

Sunday, Mar 12 <i>Pot Luck Sunday</i> 9:00 Nominating Team (MR) 10:00 Seabeck Sign up Table 10:30 Worship Service (S) 11:30 Retreat Sign Up Table (WR) 12:15 Building the Budget (S)	(LH) 6:00 Chalice Circle (MR) 7:00 Chalice Pondering Prayer (LH1) 7:30 Meditation (S, Kit, WR) Wednesday, Mar 15 <i>Weekly Publicity Deadline</i> 9:30 Writer's Group (WR) 10:00 Himawari School (LH) Noon: Lunch Bunch (WR) 2:00 Outreach and Welcoming (CO)	7:00 Choir Practice (S) Friday, Mar 17 9:30 Playgroup (LAR) Saturday, Mar 18 10:00 Bet Chaverim Sunday, Mar 19 9:00 Caring Team (MR) 10:00 Seabeck SignUp Table (WR) 10:30 Worship (S) 11:45 Adult RE (MR) Noon CUUPS (S) 12:15 Parent Group: Social Justice Educators (LAR) 1:00 Baby Shower (WR) 1:00 Chalice Circle (CO) 5:00 UUGG/ PUUGG Team (WR)
Monday, Mar 13 5:00 Sound Alliance Team (LAR) 6:30 Al Anon (S) 7:00 Creative Hands 7:00 Grief Group	Thursday, Mar 16 9:00 Himawari School (LH) (WR) 10:00 Sound Alliance Team (WR)	
Tuesday, Mar 14 9:00 Himawari School		

Reflections...

It has been nearly 50 years since Tom and I found this Unitarian Universalist church sitting next to Saltwater State Park. Our children were toddlers and we were in our early 20s. We found it to be a liberal religious group that meshed so completely with our beliefs and it came with the bonus of being a caring and energetic community. It became our second home. It has been the site of family celebrations for us – our

daughter's wedding and our 25th and 50th anniversary celebrations. I have so many wonderful memories of events in this beautiful setting. I was so proud when our church members voted unanimously to become a Green Sanctuary. I appreciate the opportunity to meditate every Tuesday evening and walk our Labyrinth. I cherish times to visit with friends after church. We have both been retired for

over 10 years, and despite our 'stagnant' income continue to increase our pledge because giving to this church is in the same category as funding college for our grandchildren. It is really important. If it provides just a fraction of the spiritual, emotional and community support to other members that we have received, we are joyful and grateful.

Reflection by Jean Spohn

Saltwater Church is located at:
25701 14th Place South,
Des Moines WA 98198
(206)651-7358
administrator@saltwaterchurch.org

Church Office Hours:
Mon—Fri 10 a.m.—2 p.m.
Sunday Worship 10:30 a.m.

Minister: Rev. Helen Carroll
For appointments, call or send email to:
minister@saltwaterchurch.org

Director of Family Ministries:
Melinda Einander
For appointments, call or send email to:
melinda@saltwaterchurch.org

From the Board

Tea with the B!

Join your Board of Directors on the last Sunday of every month for an informal tea/coffee in the Sanctuary at 11:45am. Bring your questions and concerns so we can have a discussion! All are welcome. The next gathering is Sunday, March 26. **Board Meetings** are held on the first Tuesday of every month from 7-9 p.m. in the Meeting Room and Zoom Room. All

members are welcome to attend either in person or virtually. If you plan to join us, please let Lisa know at lunderhi@gmail.com. **Agenda Items...**for Congregational Meetings. It is the job of the Board to set the agenda for Congregational Meetings. However, any member is welcome to contact the Board if they'd like to request an item to be added to a Congregational

Meeting agenda. The Board will discuss all requests, make a decision, and follow-up with the member. We welcome your ideas and conversation! The next Congregational Meeting is on June 11. Agenda item requests are due by May 1st and may be sent to saltwater-board@googlegroups.com

Community

Spring Retreat: Our Annual UU Gathering at Seabeck

Please save the date for our annual UU Spring Retreat at Seabeck: Friday, May 5 through Sunday, May 7, 2017. Together, we return to the beautiful Seabeck Conference Center on Hood Canal to continue our years' long Seabeck tradition. Online registration opens the first Sunday in March. Participating congregations (Shoreline, Saltwater, Westside, Evergreen, Tahoma, Olympia, and Woodinville) will have a registration table, so please watch for this. 2017 Theme - UU's Face to Face: A Journal for Your Journey In times of extreme transition -- whether personal, congregational, or national -- we may feel shaken, disoriented, less than

whole. It is more important than ever to cultivate a meaningful community and to know we are part of a wider UU web. Rev. Amanda Aikman, UU minister and spiritual director, will accompany us as we regroup, restore, and refresh ourselves. You will be invited on a journey with fellow UU's, a journey of sharing, exploring deep spiritual issues, laughter, heartfelt connection. Your Seabeck Team is planning a schedule of volunteer-led interactive workshops, which will complement Rev. Amanda's program; worship; and classes for our children, all based on our theme, "A Journal for Your Journey." All ages are welcome and scholarship assistance is available. Please join us for this attractive possibility!

Lunch Bunch meets Wednesdays at noon in the Welcoming Room. Bring a sack lunch and join in for great conversations.

Family Fun Hike: Join us Saturday, March 25th from 10am-2pm, at Seahurst Park in Burien. We will hike around the park, play on the beach, and enjoy picnicking together. *Bring your own lunch

Weekly Playgroup for young children and their families or caregivers. Each Friday 9:30-11:30. Come share songs, stories, crafts, and free play time. We meet in the community room in the Lighthouse each week to make friends and play. Questions? Contact Katie Einander katguts@gmail.com

Our Ministries of Support

Growth and Learning

Never an End to Learning

Chalice Circles Begin in April Chalice Circles, our small group program for adults, are a wonderful way to get to know other church members and to reflect with them on life's big questions. They usually meet the first and third weeks of the month, either at a church member's home or at the church. Chalice Circles will meet six times from April through June. We invite you to register by Sunday, March 12th. This makes it much easier to ensure that everyone gets in their best choice circle possible. It's necessary to sign up again even if you want to continue in your last Chalice Circle. Sign up online at SaltwaterChurch.org/ChaliceCircleRegistrationForm. To find out more about Chalice Circles go to

SaltwaterChurch.org/ChaliceCircles or email Administrator@SaltwaterChurch.org.

Our Art Wall now features "The Evolution of a Young Artist," among other youthful displays. Come and view the lovely "Tree Of Life" painting by our Lighthouse children and youth. It was "won" at the Auction by Lucia Faithful and donated back to Saltwater. Thank you, Lucia! Please also enjoy framed art by the children of Dunlap elementary, which was framed and gifted to us by Joan Tomorrow. Finally, please enjoy the artistic avenues that Chris Swanziger of our congregation has travelled in his development as a young artist. His work is amazing! Pricing information will be posted by March 12, if not sooner, but

you can enjoy the show right now.

Invitation to the next U U and You class Are you curious about Unitarian Universalism or membership at Saltwater Church? Then join us from 12 noon until 2 p.m. on Sunday, April 2nd. Recent guests considering membership and those in the Saltwater Community interested in learning more about Unitarian Universalism and activities at Saltwater Church are all welcome. For more information about the class contact: Rev. Helen Carroll (minister@saltwaterchurch.org). The deadline to request childcare is Friday March 31st . childcare@saltwaterchurch.org

Social Responsibility

Right Relationship with the World

Share the Plate: for March is DAWN (Domestic Abuse Women's Network)

Making a Difference

Hospitality House is a shelter in Burien providing housing for single homeless women. Saltwater Church was one of the founding churches of Hospitality House. Since November 2016, Saltwater has been collecting items needed by Hospitality House on a weekly basis. Items provided have included paper towels, cleaning supplies, gift cards, toilet paper, laundry soap—all of these are essential for the women in residence. Hospitality

House has been very appreciative of the donations provided. In December 2016, the Federal Way Day Center opened its doors. This center provides a place for homeless people to go during the day to get indoors, take showers, do laundry, use computers, eat and relax. The Federal Way Day Center was possible due to the work of Sound Alliance, of which Saltwater is a member. One of our members, Lucia Faithfull, is a member of the board. The Federal Way Day Center also has a great need for donations—laundry soap, bleach, toilet paper, non-perishable food items.

Starting in April, weekly donations collected during our service will be sent to both Hospitality House and the Federal Way Day Center, depending on the needs of each program.

Stewardship

Care for Buildings, Grounds and Programs

Stewardship and Saltwater...

On Sunday, March 5, pledge cards and Stewardship brochures were handed out at church; those not picked up were mailed to members. Our Welcome Table (suitcase with legs) has additional blank pledge cards and brochures if needed. It is located in the Welcoming Room and is also the place you may turn in your completed pledge card any time. You may also put your completed pledge card in the morning offertory on Sunday, leave it in the church office during the week, mail it in the envelope provided or even email

the pertinent information to administrator@saltwaterchurch.org. We hope to have many pledges in by March 12 as this could be useful information for our congregational budget review after service but the "deadline" for pledges is April 2. Take time to read the brochure and review the testimonials from members. Then mindfully contemplate what will be both spiritually and fiscally meaningful for you and your church community this year. WAIT! Think on it some more. Then, when you feel it, when it feels both right and good, something you can be both

excited about and proud of, fill out that pledge card and turn it in. Thank you!

We're Getting There... On February 8 and 22 the petal leads led the presentation and discussion about the expenses and income anticipated for FY18. As anticipated, the expenses exceed the income. [Sigh...that is so often the case]. So **TODAY** we'll have another chance to adjust, rethink, imagine, and otherwise work to reconcile the program needs with the available resources. Your input is important. Please participate in planning

Worship

At the Center of our Spiritual Lives

Upcoming Sunday Services:

March 19 "Riding the Waves: Resilience in Wild Times" - Rev Florence Caplow
March 26, Lay Led
April 2, "We Meet on Holy Ground" - Rev Helen Carroll
April 9, "Searching the Future" - Rev. Judy Zimmerman

Meditation Retreat at Seabeck March 24 -26. Join the Saltwater Meditation Group at a retreat led by our founder, Rev. David Sheuneman. From Friday evening through Sunday afternoon we will share silence - sitting, walking and eating together at Seabeck, a beautiful and quiet

setting. Giving yourself a time of meditation can be very therapeutic in this noisy world. Beginners are welcome. Go to studiozero.org/retreats/seabeck-retreat/ for details and to register.

On May 28th, Sally Caldwell will be providing a Memorial Day service for the congregation. The theme will be people who have been important in shaping our lives. Sally would like four or five church members to tell a brief story about someone in the past (a parent, older friend, grandparent, teacher) who has significantly influenced him/her. If you

have a homily or story that you would be willing to share, please contact Sally at [760-631-1740](tel:760-631-1740) or see her at church.