



**UNITARIAN
UNIVERSALIST
ASSOCIATION**

**SALTWATER UNITARIAN
UNIVERSALIST CHURCH**

25701 14th Pl S
Des Moines, WA 98198

*An Intentionally Inclusive, Spiritually
Progressive, Justice Seeking Community
Serving South King County*

As Unitarian Universalists, we seek wisdom and inspiration from many sources while affirming that the best authority for our beliefs is our own individual experience and conscience.

We are committed to helping each other live more fully, by growing spiritually; and to helping make our world more compassionate and just. We believe the community we share helps us fulfill these commitments more easily than we could by our individual selves.

To find out more about us, pick up a visitor folder in the Welcoming Room, find us on Facebook ("Saltwater Unitarian Universalist Church") or visit our website.

On our website, you can... Find out about upcoming worship services... Look at the church calendar... Take the "Belief-o-Matic" test to compare your views with others... Read the latest posts on our "Inside Saltwater" blog... Sign up for email lists and groups... Find membership forms... and so much more...

In the drop-down menus at the bottom of our website's home page, look under "Our Caring Community" for Lay Ministry and Caring Team assistance.

We're on the Web
Saltwaterchurch.org

Want more news?
Check out articles posted to the "Inside Saltwater"
blog: saltwaterchurch.org/insidesaltwater

More News You Need to Know...

A postcard writing party.. Sponsored by members of the Social Responsibility Petal, will be held on **Friday**, March 24 from 5:30 to 7:30 pm. Come to write postcards to our Washington State legislators for a variety of issues, including both environmental and social issues. Friends and members of Sound Alliance, Health Care for All Washington, Saltwater Climate Action Now and other advocacy groups with members at Saltwater Church are invited to come and bring a "postcarable" issue. RSVP to topher_benum@yahoo.com
For childcare, contact childcare@saltwaterchurch.org.

Keep up to date at Saltwater!

We email a newsletter of current events and calendar every Friday. To receive this information, please request to be added to the Weekly distribution by sending your current email address to administrator@saltwaterchurch.org

Promote Saltwater Church and Your Social Justice Cause

The Outreach and Welcoming Team has purchased 12 reusable, corrugated plastic

12 x 18 inch "picket type" signs. They are available on loan to various social justice and advocacy groups. The following text and UUA chalice symbol is printed on the front of the signs: "Saltwater Church Come Join Us to Nurture Your Spirit, Help Heal Our World, www.saltwaterchurch.org A Unitarian Universalist Congregation." The back of the sign has been intentionally left blank, so that a special UU values message or other statement relevant to your group or cause can be (temporarily) attached.

If your group decides to use the signs for advocacy events and marches, please respect the following guidelines so that the signs can be reused by many different groups.

1. When you are done do not discard the sign, return it to the church office storage closet (next to the kitchen) for other groups to use.
2. All special messages on the back of the signs need to be designed to be removable. When your group is done, please remove any text that has been attached to the back of the signs.
3. It is appropriate to use the signs to advocate a variety of social justice causes

corresponding to UU values (such as: climate action, education, marriage equality, reproductive rights, immigration etc). However, the signs should not be used to support the political campaigns of elected officials or a specific political party. Doing so, might jeopardize Saltwater's religious tax exempt status. In addition, it could also prove to be divisive to our Saltwater community. For Questions Contact: Joy Werlink jwerlink@yahoo.com

March 5, 2017



SALTWATER UNITARIAN UNIVERSALIST CHURCH

News You Need to Know

Happenings...

Sunday, Mar 5

10:00 Seabeck Sign up Table (WR)
10:00 Stewardship Table (WR)
10:00 Chalice Circle Table (WR)
10:30 Worship Service (S)
11:50 SCAN (LAR)
Noon Elder Issues (WR)
1:00 Chalice Circle (CO)

Monday, Mar 6

6:30 Al Anon (S)
6:30 Family Ministries Team
7:00 Worship Team

Tuesday, Mar 7

9:00 Himawari School (LH)

1:00 Chalice Circle (WR)
7:00 Pondering Prayer (LH1)
7:00 Board Meeting (Zoom, MR)
7:30 Meditation (S, Kit, WR)

Wednesday, Mar 8

Weekly Publicity Deadline
9:30 Writer's Group (WR)
10:00 Himawari School (LH)
Noon: Lunch Bunch (WR)
7:00 Facilities and Grounds (Zoom)

Thursday, Mar 9

9:00 Himawari School (LH) (WR)
7:00 Choir Practice (S)

Friday, Mar 10

9:30 Playgroup (LAR)
3:00 Youth Service Planning (Zoom)
7:00 Bet Chaverim (S, WR, Kit)

Saturday, Mar 11

No Activities

Sunday, Mar 12

Pot Luck Sunday
9:00 Nominating Team (MR)
10:00 Seabeck Sign up Table
10:30 Worship Service (S)
11:30 Retreat Sign Up Table (WR)
Noon Building the Budget (S)

Key Comments

As your Board President, this is my third and final year as a board member. Before time escapes me, I want you to know what an honor it has been to serve our congregation. Ten years ago, I was a visitor who fell in love with the warmth of this community. A few years later, I reluctantly joined the Family Ministries Team, worried that I didn't have the know-how to serve our children and families. The next three years I chaired that team. I found my inner

leader through the support of my team and our fabulous Director of Family Ministries, Melinda Einander. I became a board member shortly after that, ready to do to whatever work was asked of me. And it was work! Fulfilling, yes, but a lot of work. My first two years on the board, I felt the weight of the congregation on my shoulders. There were leadership holes to fill, budgets to balance, stewardship events to plan...the list went on. Then it changed. During

our board retreat last August we began shifting our focus from "how" to "why." New leaders emerged, our Petal Leads and team leaders, who embraced the "how." I am blown away by the creativity and collaboration of these leaders and their teams, who are now empowered to act. By letting go of the "how," board work has changed. Much of our time during this initial shift has been devoted to creating policies that support it: deciding
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Saltwater Church is located at:
25701 14th Place South,
Des Moines WA 98198
(206)651-7358
administrator@saltwaterchurch.org

Church Office Hours:
Mon—Fri 10 a.m.—2 p.m.
Sunday Worship 10:30 a.m.

Minister: Rev. Helen Carroll
For appointments, call or send email to:
minister@saltwaterchurch.org

Director of Family Ministries:
Melinda Einander
For appointments, call or send email to:
melinda@saltwaterchurch.org

Key Comments (continued)

how the board will function, defining the role of the minister, and clarifying the relationship between us. The visionary work has only just begun, as we continuously weigh our decisions against the values and mission of the congregation. It is deeply meaningful work and I am so

grateful to be a part of it. I don't feel the weight of the congregation on my shoulders anymore, because it is now shared by so many. Thank you for creating this opportunity by embracing the change.

Lisa Key, Board President

Community

Spring Retreat: Our Annual UU Gathering at Seabeck

Please save the date for our annual UU Spring Retreat at Seabeck: Friday, May 5 through Sunday, May 7, 2017. Together, we return to the beautiful Seabeck Conference Center on Hood Canal to continue our years' long Seabeck tradition. Online registration opens the first Sunday in March. Participating congregations (Shoreline, Saltwater, Westside, Evergreen, Tahoma, Olympia, and Woodinville) will have a registration table, so please watch for this. 2017 Theme - UU's Face to Face: A Journal for Your Journey In times of extreme transition -- whether personal, congregational, or national --

we may feel shaken, disoriented, less than whole. It is more important than ever to cultivate a meaningful community and to know we are part of a wider UU web. Rev. Amanda Aikman, UU minister and spiritual director, will accompany us as we regroup, restore, and refresh ourselves. You will be invited on a journey with fellow UU's, a journey of sharing, exploring deep spiritual issues, laughter, heartfelt connection. Your Seabeck Team is planning a schedule of volunteer-led interactive workshops, which will complement Rev. Amanda's program; worship; and classes for our children, all based on our theme, "A Journal for Your Journey." All ages are welcome and

Tea with the B!

Join your Board of Directors Today, February 26 for tea/coffee in the Sanctuary at noon. Bring your questions and concerns so we can have a discussion! All are welcome. These informal gatherings are held on the last Sunday of every month.

scholarship assistance is available. Please join us for this attractive possibility!

Lunch Bunch meets Wednesdays at noon in the Welcoming Room. Bring a sack lunch and join in for great conversations.

Our Ministries of Support

Growth and Learning

The second Adult RE Class on Elder Issues will be held on Sunday, March 5, 2017 at noon in the sanctuary, and the presentation will cover resources in the community. All are welcome to attend. To request childcare, please contact Melinda Einander.

Chalice Circles Begin in April Chalice Circles, our small group program for adults, are a wonderful way to get to know other church members and to reflect with them on life's big questions. They usually meet the first and third weeks of the month, either at a church member's home or at the church.

Chalice Circles will meet six times from April through June. We invite you

to register by Sunday, March 12th. This makes it much easier to ensure that everyone gets in their best choice circle possible.

It's necessary to sign up again even if you want to continue in your last Chalice Circle. Sign up online at SaltwaterChurch.org/ChaliceCircleRegistrationForm.

To find out more about Chalice Circles go to

SaltwaterChurch.org/ChaliceCircles

or email

Administrator@SaltwaterChurch.org.

Our Art Wall now features "The Evolution of a Young Artist," among other youthful displays. Come and view the lovely "Tree Of Life" painting by our Lighthouse children and youth. It was "won" at the Auction by Lucia Faithful and donated back to Saltwater. Thank you, Lucia! Please also enjoy framed art by the children of Dunlap elementary, which was framed and gifted to us by Joan Tornow. Finally, please enjoy the artistic avenues that Chris Swanziger of our congregation has travelled in his development as a young artist. His work is amazing! Pricing information will be posted by March 12, if not sooner, but you can enjoy the show right now.

Never an End to Learning

Social Responsibility

Share the Plate: for March is DAWN (Domestic Abuse Women's Network)

Making a Difference

Hospitality House is a shelter in Burien providing housing for single homeless women. Saltwater Church was one of the founding churches of Hospitality House. Since November 2016, Saltwater has been collecting items needed by Hospitality House on a weekly basis. Items provided have included paper towels, cleaning supplies, gift cards, toilet paper, laundry soap—all of these are essential for the women in residence. Hospitality

Right Relationship with the World

House has been very appreciative of the donations provided.

In December 2016, the Federal Way Day Center opened its doors. This center provides a place for homeless people to go during the day to get indoors, take showers, do laundry, use computers, eat and relax. The Federal Way Day Center was possible due to the work of Sound Alliance, of which Saltwater is a member. One of our members, Lucia Faithfull, is a member of the board. The Federal Way Day Center also has a great need for donations—laundry soap, bleach, toilet paper, non-perishable food items.

Starting in April, weekly donations collected during our service will be sent to both Hospitality House and the Federal Way Day Center, depending on the needs of each program.

Stewardship

We're Getting There... On February 8 and 22 the petal leads led the presentation and discussion about the expenses and income anticipated for FY18. As anticipated, the expenses exceed the income. [Sigh...that is so often the case]. So on NEXT Sunday, March 12, we'll have another chance to adjust, rethink, imagine, and otherwise work to reconcile the program needs with the available resources. Your input is important. Please participate in planning

Care for Buildings, Grounds and Programs



Members and pledging friends are invited to pick up their personalized pledge card and a brochure about Stewardship at Saltwater Church on Sunday, March 5. To help you prepare for the important decision of how you will support the life of your church during the fiscal year July 2017-June 2018, we encourage you to listen to the testimonials of our church leaders in the coming weeks and check out the Generous Giving Guide posted and in your brochure.

Worship

Upcoming Sunday Services:

March 12 "Keep the Change" - Saltwater Youth Group

March 19 "Riding the Waves: Resilience in Wild Times" - Rev Florence Caplow

March 26, Lay Led

April 2, "We Meet on Holy Ground" - Rev Helen Carroll

Do you love Saltwater's worship services?

Are you intrigued by how the service happens? Do you want to know more about our worship services and be a part of making them happen? If you do, then consider being part of one or both of the following teams: the Worship

Team and the newly formed Altar Team.

What do they do? The Worship Team plans and produces a lay led service when our minister is not here. There are great opportunities for creativity and fun in choosing themes and visiting ministers.

The new Altar Team duties are the setting up and taking down the altar, a quick tidying up the sanctuary after the service, and the greening of the church at holiday time. Interested? See Karen LaFe for more information. There is a sign-up list on the Worship Petal board,

sign up for one, or both, we would love to have you!

Meditation Retreat at Seabeck March 24-26. Join the Saltwater Meditation Group at a retreat led by our founder, Rev. David Sheuneman. From Friday evening through Sunday afternoon we will share silence - sitting, walking and eating together at Seabeck, a beautiful and quiet setting. Giving yourself a time of meditation can be very therapeutic in this noisy world. Beginners are welcome. Go to studiozero.org/retreats/seabeck-retreat/ for details and to register.