



An Intentionally Inclusive, Spiritually Progressive, Justice Seeking Community Serving South King County

We're on the Web
Saltwaterchurch.org

Unitarian Universalist congregations affirm and promote seven principles which hold as strong values and moral guides.

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

We live out these principles within a “living tradition” of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience. These are the six sources we affirm and promote:

- Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- Words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- Wisdom from the world's religions which inspires us in our ethical and spiritual life;
- Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
- Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;
- Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

More News You Need to Know...

MY PLEDGE IS MY PRAYER

By: Saphronia Young

James used to say you can pray three ways: please, thank you, and “wow!” Today, you will hear my prayers. First, thank you. I came here for the first time on the Sunday after 9/11. My beloved sister, who was already fighting cancer, worked in tower 2. I came to Saltwater Church. I came to grieve, and I came to feel grateful that my sister survived. I was fearful, and confused. I found a wonderful religion. I found you. You comforted me. You talked of love, when so many in this country were spouting hatred. You surrounded me with laughter and chalice circle discussions and invited me into your homes. You even showed up when I invited you into mine. You held me during a divorce from a good guy everyone here liked. Later, I found my Tom here. THANK YOU!

You also cause me to catch my breath and say, “Wow.” I close my eyes during the service when the music transports me to the eternal. This choir—and often we - sing so joyfully, so passionately, that I

feel that connection to the divine. Your art, and writing, infuse me with the beauty and sweetness of the world. In the welcoming room, here in this space... WOW. This church invited a transgender child to speak here last week. Where else can I find that? WOW. This church gives my children the message that they are beautiful and perfect and holy just as they are. This community takes our message out there, marching and lobbying and saving the planet as a spiritual practice. WOW. Now, for “please.” A few days ago, advertisers in Britain pulled out of Google when they discovered their ads were associated with violent content. They had not been able to persuade Google to change their filters. So, they pulled their money. Now, Google is changing their filters. When I pledge here, I am voting for social and environmental justice, for acceptance and love of all people. I am sending my spiritual values out into the world on the river of my intention. In Judaism, there is a belief that the Messiah will not come until every single Jew is “all in,” praying for the Messiah in unison. I love that message. Jewish children grow up

knowing that if they sit on the sidelines, they alone could be responsible for the prolonged agony of the world. True here, too. You matter, and our children matter. Your pledge is your declaration of being “all in”. That our values in action – together--can heal this broken world. Please pledge at a level that demonstrates your commitment to our shared faith. Please.

From the Nominating Team

Have you considered serving our church community in a leadership role as a member of the Board of Directors? This is an exciting time for our church family and the board as we look forward to calling and working with a new settled minister. If you are interested in learning more about serving on the Saltwater Church Board of Directors, please contact anyone on the Nominating Team.

Judy Featherstone: judyfeatherstone@yahoo.com
Joanne Loeliger: ejloeliger@aol.com
Meri Murphy: tomandmeri@gmail.com
Joy Werlink: jwerlink@yahoo.com

March 26, 2017



SALTWATER UNITARIAN UNIVERSALIST CHURCH

News You Need to Know

Happenings...

Sunday, Mar 26 10:00 Seabeck Sign Up Table 10:30 Worship Service (S) 11:45 Tea with the B (S) Noon Aging with Spirit (CO) 12:05 Healthy Congregations Workshop (LAR)	Wednesday, Mar 29 <i>Weekly Publicity Deadline</i> 9:30 Writer's Group (WR) 10: 00 Himawari School (LH) Noon: Lunch Bunch (WR) 1:30 Lay Ministry (CO)	7:30 Meditation (S, Kit, WR) 7:00 Bet Chaverim
Monday, Mar 27 6:30 AI Anon (S) 7:00 Creative Hands (WR) 7:00 Grief Support Group (MR)	Thursday, Mar 30 9: 00 Himawari School (LH) (WR) 7:00 Choir Practice (S)	Saturday, Apr 1 PNWD Young Adult Spring Con 9:00 Stewardship Petal (CO)
Tuesday, Mar 28 9:00 Himawari School (LH)	Friday, Mar 31 PNWD Young Adult Spring Con 9:30 Playgroup (LAR)	Sunday, Apr 2 PNWD Young Adult Spring Con 10:00 Seabeck Sign Up Table 10:30 Worship Service (S) 11:50 SCAN (MR) Noon UU and You (LAR) Noon Elder Issues Series (WR) 1:00 Chalice Circle (CO)

Carbon Generation Calling

Order of Service <i>Earth was given as a garden, cradle for humanity.</i> - Roberta Bard	Singing the Children Out Welcome Offering Words Offertory Joys and Sorrows Music Reading Meditation, Prayer and Silence	Reading Hymn #128, “For All That is Our Life” Message of the Morning <i>Carbon Generation Calling,</i> Michael Foster Extinguish the Chalice Hymn # 207, “Earth Was Given as a Garden” Benediction
Prelude Opening Words Light the Chalice Hymn #38, “Morning Has Broken” Children’s Conversation		

Saltwater Church is located at:
25701 14th Place South,
Des Moines WA 98198
(206)651-7358
administrator@saltwaterchurch.org

Church Office Hours:
Mon—Fri 10 a.m.—2 p.m.
Sunday Worship 10:30 a.m.

Minister: Rev. Helen Carroll
For appointments, call or send email to:
minister@saltwaterchurch.org

Director of Family Ministries:
Melinda Einander
For appointments, call or send email to:
melinda@saltwaterchurch.org

From the Board

Tea with the B!

Join your Board of Directors on the last Sunday of every month for an informal tea/coffee in the Sanctuary at 11:45am. Bring your questions and concerns so we can have a discussion! All are welcome. The next gathering is **today**, March 26.

Board Meetings are held on the first Tuesday of every month from 7-9 p.m. in

the Meeting Room and Zoom Room. All members are welcome to attend either in person or virtually. If you plan to join us, please let Lisa know at lunderhi@gmail.com

Agenda Items...for Congregational Meetings. It is the job of the Board to set the agenda for Congregational Meetings. However, any member is welcome to

contact the Board if they'd like to request an item to be added to a Congregational Meeting agenda. The Board will discuss all requests, make a decision, and follow-up with the member. We welcome your ideas and conversation! The next Congregational Meeting is on June 11. Agenda item requests are due by May 1st and may be sent to saltwater-board@googlegroups.com

Community

Spring Retreat: Our Annual UU Gathering at Seabeck

Friday, May 5 through Sunday, May 7
UU's Face to Face: A Journal for Your Journey

Our Annual Retreat at Seabeck includes 6 meals – no cooking! – and programs and activities for all ages. Make this a traditional get away with UU's from this congregation and others in the Puget Sound region.

In times of extreme transition -- whether personal, congregational, or national -- we may feel shaken, disoriented, less than whole. It is more important than ever to cultivate a meaningful community and to know we are part of a wider UU web. Rev. Amanda Aikman, UU minister and spiritual director, will accompany us as we regroup, restore, and refresh ourselves. You will be invited on a journey

with fellow UU's, a journey of sharing, exploring deep spiritual issues, laughter, heartfelt connection. Please join us for this attractive possibility!

Lunch Bunch meets Wednesdays at noon in the Welcoming Room. Bring a sack lunch and join in for great conversations.

Potluck Sunday, April 9
Please bring a dish to share

Join **Creative Hands**, every 2nd and 4th Monday, at 7:00 pm in the Welcoming Room. Not just a group for knitters, some of us are also into beading or quilting or weaving, etc and others bring a paper art or even some simple mending. Currently our optional group project is making baby hats/small blankets for the drug addicted

babies of PICC in Kent. Blankets can be made of felt, knitted, whatever, if you are interested. Join us in this or just come to catch up! OR Stop by to see the cute baby hats that some of us have made! Treats are provided. For questions call Betsy @ 253-946-6877

Tools for Untangling Conflict

Join the Healthy Congregation Team in their workshop next Sunday, March 26, 12:05—2:05. Bring a brown bag lunch and come to explore and practice about learning conversations, a productive way to better understand each other. Register by email so we know how many copies to make at aidasanchezvela@hotmail.com or by phone [253-820-9101](tel:253-820-9101)

Our Ministries of Support

Growth and Learning

Never an End to Learning

Invitation to the next U U and You class

Are you curious about Unitarian Universalism or membership at Saltwater Church? Then join us from 12 noon until 2 p.m. on Sunday, April 2nd. Recent guests considering membership and those in the Saltwater Community interested in learning more about Unitarian Universalism and activities at Saltwater Church are all welcome. For more information about the class contact: Rev. Helen Carroll (minister@saltwaterchurch.org). The deadline to request childcare is Friday March 31st. childcare@saltwaterchurch.org

Welcoming our Saltwater Artists!

Please contact Debra Valpey (debravalpey@comcast.net or 206-953-5704) if you or someone in your family, or a close friend, would like to be featured on our Art Wall in the Welcoming Room. I am planning displays for the rest of the calendar year and I want to give "first dibs" to our own artists. And don't be bashful! There is an artist lurking within us all! I need to hear from you as soon as possible as empty walls are just too sad! Thank you!!!!

Hidden Figures

Please join the Adult RE team at noon on Sunday April 23, 2017 for a brown bag

lunch discussion of the book or movie Hidden Figures, the story of NASA's human computers, many of whom were African American women, who were recruited while they were working as math teachers in "separate but equal" high schools in the south.

The spring Young Adult Conference for UU young adults, ages 18-35, will be held at Saltwater March 31-April 2. Cost is \$35-70 (sliding scale). Friends are welcome. For more info: <https://www.facebook.com/events/230810280713395/>

Social Responsibility

Right Relationship with the World

Share the Plate: for March is DAWN (Domestic Abuse Women's Network)

Beginning Next Week...We'll collect household items and shelf stable food stuffs for the clients at Hospitality House and the Federal Way Day Center. Items will be collected during the worship service.

Board Notes – March 2017

By: Saphronia Young, Board member Friends:

I attended the Pacific Northwest District conference in Eugene, OR on Saturday, February 25, 2017. The conference was divided into three events: (1) The presidential candidate forum; (2) a work-

shop on policy governance; and (3) a workshop on fundraising and pledge campaigns. The information about candidates is on our bulletin board in the welcoming room. We will vote in New Orleans this summer. Please help us make an informed choice. See: uua.org/uuagovernance/elections/president

GOVERNANCE SESSION: Led by Jim Key. As with our own congregation, the UUA and most of our churches are moving to "policy governance." This is a form of church organization that broadly distributes power throughout the congregational leadership (our petals), with the Board establishing the vision, setting limits on power (including their own),

and evaluating the results. There are a lot of very good presentations on this available. I liked:

uuasouthernregion.org/images/The Art of Governance in Congregations
STEWARDSHIP SESSION: Led by Susan Howlett, from the University U.U. Church in Seattle. Money is how we "invest in our values." Susan gave very practical advice, but the real message is that our church transforms lives and builds a better world. It requires money to keep doing that, and I personally treasure the opportunity to invest in my values. I am hoping that this stewardship year, each of us feels that way.

Stewardship

Care for Buildings, Grounds and Programs

Stewardship and Saltwater...

Saltwater is in the midst of our annual pledging time. Thank you to everyone who has already turned in their 2017-2018 pledge. Though the goal is to get all pledges for the coming year turned in by April 2, we do not expect this new pledge amount to start until JUNE 2017. So keep thinking about what will feel good and right to start giving your

church community in June and turn in that pledge. Feel free to change it, too, if you already turned it in and are moved to pledge more by recent testimonials! *You can return your pledge card:*

- At the Welcome Table in the Welcoming Room,
- By mail
- In person at the church office

- In the offertory basket on Sunday
- By email to administrator@saltwaterchurch.org

Worship

At the Center of our Spiritual Lives

Upcoming Sunday Services:

April 2, "We Meet on Holy Ground" - Rev Helen Carroll

April 9, "Searching the Future" - Rev. Judy Zimmerman

April 16, "Celebrating a UU Easter" - Rev. Helen Carroll

April 23, "Path of Consciousness" - Rev Helen Carroll

Ministerial Search Q&A

On April 9, Rev. Judy Zimmerman, transition coach, and the Saltwater Board will hold a Q&A session beginning at 12:15 to outline the search process and answer your questions. See you there!



On May 28th, Sally Caldwell will be providing a Memorial Day service for the congregation. The theme will be people who have been important in shaping our lives. Sally would like four or five church members to tell a brief story about someone in the past (a parent, older friend, grandparent, teacher) who has significantly influenced him/her. If you have a homily or story that you would be willing to share, please contact Sally at [760-631-1740](tel:760-631-1740) or see her at church.