

Who Do You Call?

What is the nature of your need?

Life Crisis

Need spiritual comfort;
exploring spiritual questions
or concerns; prayer; very ill;
dying; family member needs
pastoral visit.

Minister

Rev. Kristen Kuriga

Life Transition

Need to talk about cares;
health; family member
finances; mental illness;
grief; loneliness;
retirement.

Lay Ministry

*Debra Valpey
Michael Yanega
Toska Rodriguez
Lynn Crow*

Practical Support

Need ride to appt.; need
meals; need to go shopping;
need help with tasks; need
respite care.
(short term support)

Caring Team

*Denise Yanega (lead)
Susan Aigner
Eva Bennett
Nancy Corr
- Others as needed*

Revised 11-21-19

Numbers to Call

Name	email	phone
Rev. Kristen Kuriga	minister@saltwaterchurch.org	206-651-7358*
Lynn Crow	lynncrow1@gmail.com	206-429-2005
Toska Rodriguez	toska_r@hotmail.com	253-839-1921
Debra Valpey	debravalpey@gmail.com	206-953-5704
Denise Yanega (Caring Lead)	denise.yanega@gmail.com	253-838-7479
Michael Yanega	bowfinboy@gmail.com	253-838-7479

* for emergencies please call Rev. Kristen's cell phone: 516-473-3502

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