

Covenant of Right Relations (draft)
presented to Saltwater Unitarian Universalist Church (Dec., 2020)
by your Healthy Congregation Team

This covenant is our commitment to act in healthy ways with each other, our communities, and our world at large. When we promise to share ourselves, we grow community and improve the quality of our lives. This solemn document is a sacred gift which we lovingly give and receive.

As a member or friend of SUUC I covenant to:

express myself with compassion.

- speak honestly about my own experiences and invite others to do the same.
- practice active listening, allow for silence, be present and engaged.
- thoughtfully consider the potential impact of my words and actions.

nurture connections with one another.

- assume others' positive intent and equal commitment to our values and mission.
- give voice to my discomfort so others may clarify, apologize, or reconcile.
- respect healthy boundaries for myself and others with kindness and empathy.

support spiritual diversity.

- express honor for and curiosity about others' stories.
- keep myself open to deep reflection and new and diverse relationships.
- set aside pre-conceptions.

seek justice.

- when conflict arises, seek positive ways to reconcile directly with those involved.
- when needed, seek assistance from the Healthy Congregation Team.
- question how my actions might affect marginalized people and my world.